

Master of Education in Exercise Science Program Handbook

Cleveland State Master of Education in Exercise Science Introduction and Objectives

On behalf of the administration, faculty, and staff of the Master of Education in Exercise Science program at Cleveland State University, we would like to welcome you! We are excited about your continued educational journey. You are joining a dedicated group of students and faculty united by their commitment and passion to make a difference in the health and wellness of others. We encourage you to make the most of this challenging yet rewarding experience and to take advantage of the opportunities offered during your studies.

We hope your future will be just as rewarding as we have experienced during our careers. You will find that furthering your education in our field offers a diverse selection of professions and opportunities to grow. We stand ready to support your completion of the program and advancement in your career!

Program Objectives

The Master of Education in Exercise Science program helps students develop skills to organize and lead exercise programs in a variety of settings, including training and conditioning facilities, cardiac rehabilitation centers, corporate and hospital-based wellness programs, and private physical fitness enterprises. The primary focus of study is exercise physiology and its applications to physical activity programs. The program has a Laboratory-based hands-on approach to learning and applying the principles of exercise science. All graduate courses are offered online or in the evenings to accommodate students with other commitments.

This student handbook provides valuable information that will help you succeed on your educational journey. Please keep this document as a reference during your exercise science major plan of study. Feel free to contact your advisor if you have questions or wish to clarify any aspect of your Student Handbook.

Academic Support

Office Hours

Cleveland State faculty maintain scheduled office hours to confer with students regarding class work and related course matters. Office hours are announced by instructors in class and posted in Blackboard. Students are encouraged to contact their instructors via phone or email to schedule an appointment time.

Individualized Advising

The Program Director provides advising to assist students in identifying career objectives in order to develop an individualized degree completion plan. Advising is offered via face-to-face meetings or by zoom/phone to accommodate the needs of working professionals. Advising appointments can be arranged by emailing the Director, Dr. Douglas Wajda (<u>d.a.wajda@csuohio.edu</u>).

MEd EXS Faculty

Courses are taught by faculty with a diverse range of exercise science related training and expertise including: exercise physiology, biochemistry, biomechanics, kinesiology, exercise prescription, and wellness program development. Faculty are active in research and student opportunities exist to assist on ongoing projects.

Learning Commons

Students have access to materials and resources at the Cleveland State University Michael Schwartz Library. Items can be accessed on campus in the Rhodes Tower building or via the library website (www.library.csuohio.edu). There are many study areas within the library as well as in the Center for Innovations in Medical Professions (IM) Building. The common areas and study lounges are accessible for students to study and prepare for class during building open hours.

Computer Resources

The university maintains a wireless network throughout the campus, including the Health Sciences, Physical Education, Julka Hall and Center for Innovations in Medical Professions buildings. Computers are available for student use in the Julka Hall Building, in Information Services & Technology (IS&T) Laboratories, in the CSU library and through the university computer loan service located in University Center. There is no printing access within the Health Sciences or CIMP building. Printing can be accomplished in the campus IS&T computer laboratories throughout campus. Students are advised to have their own personal laptops computers.

Graduate Student Resource Center

The Graduate Student Resource Center is the Cleveland State University academic support resource center for all graduate students. The Graduate Student Resource Center (GSRC) sponsors workshops, events, and activities which support the professional and career development of CSU graduate students. Center staff will assist you in identifying campus partners and resources; participating in programming and workshops; utilizing online resources; and staying current with news and information

with our monthly newsletter, Graduate Student News, the official newsletter of the College of Graduate Studies. The GSRC is located in the Parker Hannifin building in Suite 300. They can also be reached by phone 216-687-3536 or email <u>engagedgrad@csuohio.edu</u>.

Writing Center

The Writing Center (University Library, RT 124) provides assistance to all members of the University community. Through consultation, tutoring, and workshops, Writing Center staff can answer any questions about writing including generating ideas, drafting and revising papers, improving writing style and handling technical details of grammar, documentation and formatting.

Career Development Center

Students and graduates can be assisted, free of charge, with career development, job seeking skills, placement, professional head shots and tuition reimbursement loans. The Center, located in Rhodes West 280 provides a detailed listing of the numerous services offered and how to take advantage of these services.

Counseling at Cleveland State

Counseling services are also available at Cleveland State University. Personal, career, and group counseling are available free of charge to CSU students. The faculty urges students in the Program to take advantage of this resource to assist in dealing with stresses or managing academic concerns. Confidentiality of all matters is maintained. In addition, the Counseling Center offers group sessions on assertiveness, stress management, and test anxiety. For further information or an appointment contact the Counseling Center in Union Building #220, phone (216) 687-2277.

Student Health Services at Cleveland State

This is located in the second floor of the Center for Innovation in Medical Professions building. Health Services provides preventive health counseling on an individual or group basis. Nurse practitioners are on duty during the day and a physician maintains regular office hours. A student health insurance plan is available to students. No charge is made for seeing any of the health professionals or for screening tests. There is a minimum charge for medication and lab fees.

Services for Students with Disabilities

It is the responsibility of any student requiring an accommodation to inform the instructor of his/her disability during the first week of the semester. A letter from the Handicap Services: Disability Services Office must accompany this request. The student, instructor, and/or Handicap Services: Disability Services representative will then determine the appropriate intervention. No accommodation can be expected if this procedure is not followed. To access the disability services on campus, please view their website (www.csuohio.edu/disability), call 216-687- 2015 or email ods@csuohio.edu.

Social Networking Policy

Many individuals participate in social media for a variety of reasons: to connect with professional networks, to find out quickly what's happening in other places, to enhance productivity and teambuilding, etc. Exchanging and sharing information can improve our personal and professional lives. However, social networking exposes one to an unsolicited audience and set of experiences, and requires continual attention to successfully manage our personal and professional lives.

- Students should think before they post. There's no such thing as a "private" social media site.
 Search engines can turn up old posts years later. Students should not post something today that may haunt them later.
- Students should use social media for its intended purposes, not to discuss course content or participate in academic misconduct. Information shared in social media outlets may result in professional or academic misconduct review.
- Maintain confidentiality. Students should not post or discuss sensitive, confidential, proprietary, protected health information about students, employees, patients, or other members of the CSU community. Students should use good ethical judgment; follow federal guidelines and polices per CSU.
- Be respectful. If readers see an affiliation with CSU, they may read your words as representing the university, even if students provide a disclaimer. As a general rule, students should be respectful and not post anything they would be uncomfortable saying in a public setting- or in front of their colleagues, classmates, etc.
- Students should protect their identity, should not provide personal information about themselves or others including telephone numbers, mailing addresses, and email addresses.
- Any violation of HIPAA may result in appropriate disciplinary action including, but not limited to, dismissal from the program and criminal and/or civil charges and fines.

Student Financial Information and Financial Aid

Registration, Fees & Services at Cleveland State

Students can register by using either web registration <u>https://campusnet.csuohio.edu/index.jsp</u>. Once a student's registration has been submitted and received by the Registrar's Office, a tuition invoice will be mailed, which will include payment instructions and options.

Financial Aid at Cleveland State

The University's Office of Financial Aid (Union Building #301, 216-687-3764 or Campus All in One 216-687-5411) provides students with information regarding financial assistance for academic expenses.

Textbooks at Cleveland State

Required textbooks will be announced prior to the beginning of each term. The texts will be available on campus at the bookstore, though students may prefer to purchase textbooks from other sources. It is required that all books be purchased at the beginning of each term even though some of the material may not be used until the latter part of the term. The same textbook may be used in more than one course within the curriculum.

Computers, Electronic Resources and Technology Requirements at Cleveland State

Students must provide their own laptop computers for use in class and throughout the professional program if the instructor permits. Students will need capability to use Microsoft software including Word, Excel, Access, and Power Point at minimum. In addition, students should be prepared to use e-mail, Blackboard technology and access electronic materials routinely. Students enrolled in online courses are expected to have regular and reliable access to the internet and devices that will allow them to fully access/utilize materials on Blackboard. The CSU Bookstore offers software discounts; students can check with bookstore staff for current products and pricing. The entire university campus uses wireless access for Internet or email. In addition, students are encouraged to obtain electronic 'flash memory sticks' or cloud storage to record/ retain all program information and assignments.

Campus and Student Services

Safety and Security at Cleveland State

Students should always be concerned for their personal safety and security. This is especially necessary in an urban setting where all citizens have access to public facilities. Never study or sit alone in an unsecured area. Students should keep personal effects with them or in their lockers. Bikes may be locked to the bike rack just outside of Stilwell Hall. If the student should see unfamiliar or suspicious individuals in the Health Sciences areas, the student should not confront them personally, but should contact faculty, staff, or the campus police immediately. The telephone extension for campus police is 2020. Students should be observant so an accurate description can be given, should that become necessary.

Telephones

Important University telephone information:

- Police, escort service Extension 2020
- Emergency, medical/fire Extension 2111
- The Health Science and Human Performance Department Office phone Extension 4870. The HSHP office telephones are not for student use. Do not ask faculty or staff for permission to use any office telephones.
- Center for Innovation, Health Sciences Office Extension 4863 or 4880.

Throughout the campus, security telephones are situated on the Emergency posts with a blue light. When these phones are picked up, the police will respond even if nothing is said on the phone. Some of the phones require that you push a large red button to connect with the campus police. A security phone is located in the Health Sciences Building main floor just inside the main entrance as well as outside both entrances to Julka Hall. Use these emergency phones anytime you have an emergency or feel insecure. If you are in the building during "off hours" a cellular phone is recommended.

Viking Safety Escorts

An evening escort service is provided by the Cleveland State University Police Department. These Cleveland State University students, known as Community Service Officers, are specially selected and trained to escort members of the University community to or from any location on or near campus. They are equipped with two-way radios and can summon the Campus Police immediately in any

emergency. You can request an escort by calling Ext. 2020 from 5:30 p.m. until 11:00 p.m. Monday through Thursday. Campus Police will provide escorts any other time upon request.

Smoking Policy

CSU is a smoke free campus.

Fire Alarms

When the fire alarm is sounded, students should turn off all lights, close doors, and leave the building via the stairs.

Cleveland State Closings

On occasion, CSU will have to close the campus because of inclement weather. Students can verify closure of the university by listening to local radio, watching local television or checking the home page of the CSU web site at <u>www.csuohio.edu</u>. In addition, student who have their contact information setup in Campusnet will receive text, emails or a phone calls if the campus close.

Parking at Cleveland State

The Parking Department is located in the Chester Building (in Police Department). All vehicles parking on Cleveland State University lots must be registered. Any individual associated with the University as staff, faculty or student is eligible for a hangtag to allow use of the parking areas. To register, you must report your vehicle license plate number; have a valid CSU ID number or your confirmed course registration. When your vehicle is registered, you must display your registration hangtag as prescribed, when parking on University property.

MyCSU

Students: Use CampusNet to add and drop classes, view and print your schedule, manage your account, request transcripts, forward your campus email, view grades, and more. From CSU's home page, students can click on MyCSU to access CampusNet, Blackboard and their CSU email.

Academic Standards of Performance

Grading Scale at Cleveland State

The following grading scale will be used for all courses in the Master of Science in Health Sciences professional curriculum:

A: 100-94% A-: 90-93% B+: 87-89% B: 83-86% B-: 80-82% C: 70-79% F: Below 70%

Classroom Expectations at Cleveland State

Coursework towards degree completion

The Department of Health Sciences & Human Performance offers both undergraduate and graduate programs. As a result, some coursework may be cross-listed and may contain both levels of students. Students who have taken these courses in HSHP at the undergraduate level at CSU and have performed well (B or better) are not permitted to enroll in the graduate level of the same course without permission from the program faculty. Students found to be in violation of this policy will be removed from the graduate level course at the program faculty's discretion.

Exams

Make-up exams will be given only at the discretion of and with prior approval of the instructor. Documentation is required if an exam is missed for any reason (e.g., physician's written excuse, mechanic's repair bill). An unexcused missed exam will receive a grade of zero.

Assignments

All assignments must be turned in on time to receive full credit. Documentation is required if an assignment is late for any reason (e.g., physician's written excuse, mechanic's repair bill). Late assignments, approved by the instructor, may have up to one letter grade deducted per day late at the discretion of the course instructor. An unexcused late assignment will not be accepted and a zero grade will be assigned.

Standards for Written Work

All papers submitted are to be prepared on a word processor or typed, unless the course instructor specifically states that a given assignment may be hand written. Within each course, the instructor will identify requirements regarding written work. For many written assignments within the curriculum, a grading rubric will be used for evaluation of the assignment. If an assignment will not be graded using the rubric, the syllabus will indicate criteria for grading. In

general, grades may be lowered for inadequate content, lack of depth, spelling errors, poor grammar or organization, improper referencing or documentation, lack of AMA/APA formatting and/ or typing; or the paper may be returned to be rewritten or retyped. If the latter occurs, the paper/assignment may be treated as "late" in accordance with the conditions noted above (*Assignments*).

Plagiarism

All ideas that have been paraphrased and all direct quotes, whether from written materials or from oral statements by an individual, must be documented. Failure to provide documentation may constitute plagiarism (See Academic Misconduct below). The Program uses either the American Medical Association Publication Manual (AMA Manual, 10th Edition, 2002) or the Publication Manual of the American Psychological Association (APA Manual, 6th Edition) as the reference for style.

Standards for Presentations

Students are required to dress in professional business attire for classroom and public presentations. PowerPoint (or equivalent computer based presentation software) is the required format for presentations, unless otherwise specified by the individual course syllabus or instructor.

Returned Work

If a student has concerns regarding grades on tests, papers, etc., she/he should <u>write a petition</u> to the course instructor stating the concerns, including rationale for any changes the student feels are warranted. The petition should cite evidence from texts, notes, handouts, etc. to support the student's position. Petitions must be submitted to the course instructor within 7 days of return of the test/assignment.

Because of time constraints imposed by the Registrar's Office, petitioning of final exam questions, papers or projects that are submitted during final exam week is not possible; therefore petitions will *not* be accepted following final exams.

Academic Warning and Dismissal at Cleveland State

Optional dismissal from, or continued participation with academic warning in a graduate degree, certificate, or licensure program, are recommended by the graduate committee of the program.

Optional Dismissal

If, in 400- to 800-level courses, a student receives:

- a. one grade of F, or
- b. two grades of less than B, or
- c. two grades of NS,

d. two grades of U

Then the individual MUST be reviewed by the Graduate Program Committee to determine his or her ability to continue in graduate school. If the Graduate Program Committee determines that dismissal is in order, this recommendation is made to the Dean of the College of Graduate Studies for review and notification of the student.

Academic Warning

If it is determined that the student may continue in the graduate program, the Graduate Program Committee will notify the Dean of the College of Graduate Studies and the student, in writing, regarding the grounds under which continuation is possible.

Mandatory Dismissal

- If, in 400- to 800-level courses, a student receives:
- a. two F grades, or

b. accumulates a total of nine credit hours of B- or less grades and has a cumulative grade-point average below 3.0, then the student will be dismissed automatically from the University by the Dean of the College of Graduate Studies.

Grade Dispute Procedure

Definition: A grade dispute is a situation in which a student requests that an instructor change a grade that has already been posted but the instructor disagrees that the change should be made.

After determining that the instructor is unwilling to change the grade, the student should contact the Department Chair or Director of the program in which the course was offered and indicate in writing the reasons why the student believes the grade should be changed. The burden is on the student to prove that a computational error has been made or that non-uniform standards have been applied in assigning the grade. The student must submit their written explanation to the department chair or director no later than the last day of class of the semester following the semester in which the course was offered.

The department chair or director, upon receipt of the student's written explanation, shall share it with the instructor of record in the course in question and request a written response. This response shall then be shared with the student. The chair will then arrange a meeting, at which s/he will serve as mediator, between the student and faculty member and attempt to resolve the dispute. If the instructor refuses to submit a written response and/or to participate in a meeting with the student, the chair is empowered to render a decision on the student's request. Otherwise, the chair may serve only as a mediator. If both the student and the faculty member agree to the solution proposed by the chair, the outcome of whatever process is adopted by the parties will be binding and the matter cannot be appealed further. If the faculty member and student cannot agree to a solution, the chair may, at either party's request, forward the dispute to the Graduate college grade-dispute committee. The written documents produced by the student and the faculty member shall be forwarded to the committee, along with a statement by the chair describing his or her attempted mediation and its outcome. The Graduate College committee will consider the documents submitted and the

testimony of both the student and the instructor. That committee has final authority in deciding if there is substantial justification for the claim and assigning the final grade.

The decision and rationale of the graduate college grade-dispute committee must be forwarded to the University Admissions and Standards Committee which determines whether appropriate procedures have been followed. If the University Admissions and Standards Committee determines due process has been afforded, the decision of the college grade-dispute committee stands and there are no further appeals within the University. If the determination is that due process has NOT been afforded, the matter shall be returned to the Chair or Director in which the dispute originated with a written statement of the reasons for the Committee's determination and a recommendation that the grade dispute process be restarted at the step at which the violation of due process occurred.

Readmission to Cleveland State

Anyone dismissed from the MEd EXS Program may reapply according to the guidelines in the *Cleveland State University Bulletin: Graduate Catalog Issue 2022-2023.* Readmission will be determined on an individual basis considering the reason for dismissal and according to the Graduate College guidelines. Students who are readmitted following a dismissal situation will be placed on academic probation upon return to the Program. Removal of academic probation will be according to program policies.

Graduation Requirements

In order to graduate from the MEd EXS Program professional curriculum and earn the Master of Science in Health Sciences degree, students must:

- 1. Meet all program academic requirements.
- 2. Meet all program comprehensive exam or thesis requirements.
- 3. Meet all other MEd EXS program requirements.

MEd EXS CURRICULUM:

PROGRAM OF STUDY:

The MEd EXS Curriculum is offered through evening in person courses and online to accommodate the needs of working professionals. The Program requires the completion of 33 credits: five specialization courses, three core courses, two electives, and completion of a comprehensive exam or thesis.

To obtain permission to register for courses, please contact James Dalton (<u>j.l.dalton@csuohio.edu</u>) or Paula Mason (<u>p.j.mason99@csuohio.edu</u>).

CORE COURSES (10 CREDITS)

EXS 572 – Physiology of Aging EXS 601 OR HED 601 – Research Methods HED 588 Ethics and Health Behavior <u>OR</u> EXS 565 Sports Law

SPECIALIZATION COURSES (17 CREDITS)

EXS 570 – Exercise Testing and Prescription EXS 575 – Nutrition and Physical Activity EXS 675 – Physiology of Human Performance I EXS 676 – Physiology of Human Performance II EXS 680 – Practicum

ELECTIVES (6 CREDITS, Select Two Below or Consult w/ advisor for alternatives)

EXS 565 – Sports Law*

- EXS 571 Exercise Programs for Special Populations
- EXS 594 Biomechanics
- EXS 595 Training and Conditioning
- HED 574 Stress Management
- HED 577 Social Issues and Needs in Nutrition
- HED 584 Food Politics and Obesity
- HED 585 Worksite Health Promotion
- HED 588 Ethics and Health Behavior*

*If not taken as program core

EXIT REQUIREMENT

Every student must complete an appropriate exit requirement as part of degree completion. Students have the option to choose between a comprehensive exam or conducting a research thesis.

The comprehensive exam is offered once per semester. Students must indicate to the faculty advisor that they wish to take the exam. Students must be enrolled any semester they take the comprehensive exam. If not currently enrolled, students can sign up for the 1CR EXS 691 course. The advisor will communicate with all students taking the exam each semester and provide study materials. The exam is essay based and students are provided 3.5hrs to complete four questions of their choice from a set of six. Exams are read by program faculty and their scores result in a pass/fail decision. Students who fail the exam are permitted to attempt the exam the following semester and there is no limit on attempts.

The thesis (**EXS 699**) is usually completed by students who have plans to pursue doctoral studies or careers in research focused industry. It requires a committee of three faculty-- an advisor and two readers. It customarily takes one to three semesters beyond all course work to complete the Thesis. It is strongly preferred that students participate in some aspect of their advisor's research to complete the Thesis.

Fall Semester Year 1: (10CR)	Spring Semester Year 1: (11CR)
1. EXS 675 (4CR)	1. EXS 601 (4CR)
2. HED 588 or EXS 565	2. EXS 676 (4CR)
3. EXS 572* (3CR)	3. EXS 570 or Elective** (3CR)
Summer Session Year 1: (6CR)	Fall Semester Year 2: (6CR)
1. EXS 575 (3CR)	1. Elective (3CR)
2. EXS 570 or Elective** (3CR)	2. EXS 680 (3CR)
3. EXS 572* (3CR)	3. Comprehensive Exam

SAMPLE COURSE MAP: (Including Summer)

*Choose to take in the Fall or Summer **Make opposite choice in the Summer Session

SAMPLE COURSE MAP: (No Summer)

Fall Semester Year 1: (10CR)	Spring Semester Year 1: (11CR)
1. EXS 675 (4CR)	1. EXS 601 (4CR)
2. HED 588 or EXS 565 (3CR)	2. EXS 676 (4CR)
3. EXS 572 (3CR)	3. EXS 570 (3CR)
Fall Session Year 2: (6CR)	Spring Semester Year 2: (6CR)
1. Elective (3CR)	1. EXS 575 or Sub (3CR)
2. Elective (3CR)	2. EXS 680 (3CR)
	3. Comprehensive Exam

Memorandum of Agreement

I hearby attest that I have read and understand the information in the MEd EXS student handbook. I attest that I have web access to all of the information contained in the Cleveland State University Graduate College Catalog and CSU MEd EXS program student handbook. My continued enrollment in the MEd EXS Program signifies my willingness to abide by all rules and regulations contained therein.

Student Name (Please print)

Student Signature

Student CSU ID Number

Date

M.Ed – Exercise Science



DEPARTMENT OF HEALTH SCIENCES AND HUMAN PERFORMANCE

Name:	CSU ID:
Address:	Phone:
	Email:

PROGRAM CORE: (9 or 10 CR)

Course #	Title	Semester	Approved Substitution	CR
EXS 572	Physiology of Aging			3
EXS 601 or	Research Methods			3 or 4
HED 601	Kesearen Wiethous			5 01 4
	Choose 1 of	the Followin	g Courses	
HED 588	Ethics and Health Behavior			3
EXS 565	Sports Law			3

PROGRAM SPECIALIZATION: (17 or 18 CR)

Course #	Title	Semester	Approved Substitution	CR
EXS 575	Nutrition and Physical Activity			3
EXS 570	Exercise Testing and Prescription			3
EXS 675	Physiology of Human Performance Pt. 1			4
EXS 676	Physiology of Human Performance Pt. 2			4
EXS 680	Practicum (min 22CR completed)			3 or 4
or 681				

ELECTIVES: (6 CR)

Course #	Title	Semester	Approved Substitution	CR
HED 574	Stress Management			3
HED 577	Social Issues and Needs in Nutrition			3
HED 584	Food Politics and Obesity			3
HED 585	Worksite Health Promotion			3
HED 588	Ethics and Health Behavior*			3
EXS 565	Sports Law*			3
EXS 571	Ex Programs for Special Populations			3
EXS 594	Biomechanics			3
EXS 595	Training and Conditioning			3
HSC 505	Culture and Health Care			3
HSC 526	Functional Performance of Older Adults			3
HSC 542	Health Disparities			3
HSC 544	Social Issues in Health Care			3
HSC 546	Women's Health			3
HSC 581	Pathology			3

* If not taken above as program core





EXIT REQUIREMENT: (MINIMUM 32 CREDITS TO COMPLETE AND HU

PROGRAM)

Comprehensive Exam	0 CR or 1CR HPR 691 in not enrolled	
Thesis*	1-4 CR HPR 699	

*Must declare intent to complete thesis to program director for instruction on the University process

SAMPLE COURSE MAP: (Including Summer)

Fall Semester Year 1: (10CR)	Spring Semester Year 1: (10 or 11CR)
1. EXS 675 (4CR)	1. HED 601 (3CR)
2. HED 588 or EXS 565 (3CR)	2. EXS 676 (4CR)
3. EXS 572* (3CR)	EXS 570 or Elective** (3CR)
Summer Session Year 1: (6CR)	Fall Semester Year 2: (6CR)
Summer Session Year 1: (6CR) 1. EXS 575 (3CR)	Fall Semester Year 2: (6CR) 1. Elective (3CR)
1. EXS 575 (3CR)	1. Elective (3CR)

*Choose to take in the Fall or Summer **Make opposite choice in the Summer Session

SAMPLE COURSE MAP: (No Summer)

Fall Semester Year 1: (10CR)	Spring Semester Year 1: (10 or 11CR)
1. EXS 675 (4CR)	1. EXS 601 (4CR) or HED 601 (3CR)
2. HED 588 or EXS 565 (3CR)	2. EXS 676 (4CR)
3. EXS 572 (3CR)	3. EXS 570 (3CR)
Fall Session Year 2: (6CR)	Spring Semester Year 2: (6CR)
 Elective (3CR) Elective (3CR) 	 EXS 575 or Sub (3CR) EXS 680 (3CR) or 681 (4CR) Comprehensive Exam

ADVISED MAP: (Meet with Dr. Wajda to plan out your personal degree map)

Fall Semester Year 1: (CR)	Spring Semester Year 1: (CR)	Summer Session Year 1 (CR)
Fall Session Year 2: (CR)	Spring Semester Year 2: (CR)	Summer Session Year 2 (CR)

DEPARTMENT OF HEALTH SCIENCES AND HUMAN PERFORMANCE